What You Carry Is Meant to Be Built

For Businesswomen & Authors

“For we are God’s workmanship, created in Christ Jesus to do good works.” (Ephesians 2:10)

You are both the carrier and the builder.

S1 — SHOW UP: LAY THE FOUNDATION

Build Focus: Positioning, consistency, ownership

Businesswomen

Showing up means treating your business as a structure, not a side idea

Establishing systems, pricing, and presence

Making decisions aligned with growth, not fear

Authors

Writing with discipline, not mood

Claiming authorship before publication

Respecting your message enough to give it time and space

“The wise woman builds her house.” (Proverbs 14:1)

Reflection

What have I been carrying that I have not yet committed to building?

Where do I need to show up with greater consistency?

What foundation must be strengthened before growth?

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S2 — SPEAK OUT: RAISE THE FRAME

Build Focus: Voice, clarity, authority

Businesswomen

Articulating your value clearly

Speaking confidently in leadership and negotiations

Communicating vision to clients and collaborators

Authors

Writing boldly without shrinking your message

Sharing excerpts, insights, and themes publicly

Trusting that your words have assignment

“Death and life are in the power of the tongue.” (Proverbs 18:21)

Reflection

Where have I minimized my voice during the building process?

What truth, strategy, or story must be spoken now?

How does speaking bring structure to what I carry?

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S3 — SHARE IT: COMPLETE AND RELEASE

Build Focus: Stewardship, multiplication, legacy

Businesswomen

Packaging what you know into scalable offers

Creating solutions that outlive your presence

Building impact alongside income

Authors

Publishing instead of perfecting endlessly

Allowing your book to serve beyond you

Viewing your work as legacy, not just product

“Whatever your hand finds to do, do it with all your might.” (Ecclesiastes 9:10)

Reflection

What am I afraid to release once it is built?

Who is waiting for what I’ve been carrying?

How does sharing complete the assignment?

Declaration: Builder’s Confession

I acknowledge that what I carry is intentional and God-given.
I will not bury it, delay it, or downplay it.
I will show up, speak out, and share what I have been entrusted with.
I build with wisdom, faith, and obedience.
What I carry is meant to be built—and released for impact.

“He who began a good work in you will bring it to completion.” (Philippians 1:6)

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